

Resources for Pregnant/Postpartum Women

Baltimore City of Vital Records 410-764-3038

(To receive birth and death certificate information)

Center for Addiction and Pregnancy 410-550-3051

(Substance Abuse treatment and prenatal care for pregnant women)

Planned Parenthood of MD 410-576-1414

First Call For Help 410-685-0525

(Assistance in locating resources of information on programs in Baltimore City and throughout the state)

La Leche League 1-800-LA-LECHE

(Breastfeeding information and resources)

Head Start 410-396-7414

(To locate a Head Start for children Ages 3+)

Early Head Start 410- 502- 8770

(To locate a Head Start program for children under 2 ½)

Infants and Toddlers 410-396-1666

(Evaluation and assistance for developmental delays up to age 3)

John Hopkins Safety Center 410-614-5587

(Car Seats)

Laurence G. Paquin School and Maryland General Hospital 410-396-9398

(School for pregnant teens. Includes onsite Health Center to receive prenatal care, childcare programs, young fathers program, and GED program. Call for more information.)

WIC

410-396-9427

Baltimore City

1-800-242- 4WIC

Statewide

WIC is a federally funded program that provides healthy foods and nutrient counseling to pregnant women, new mothers, infants, and children under age five.

Domestic Violence Assistance

House of Ruth

410-889-7884

Turnaround, Inc.

410-377-8111

National Domestic Violence Hotline

1-800-799-7233

Success by Six Sites

Information on parenting classes, home visiting or other community resources available to you based on your zip code.

DRU Healthy Families (21217, 21201)

410-225-3555

**Historic East Baltimore Healthy Start
(21213, 21205)**

410-675- 2125

Southwest (21223, 21230)

410-659-0506

**Sandletown/Winchester/Harlem Park
Healthy Start (21217)**

410-728-7539

Are you Pregnant?

**Do you need health insurance
for yourself or your children?**

**Do you need help understanding your Medical
Assistance/MCHP health plan?**

Baltimore HealthCare Access can help.

Call us at 410-649-0521.

Or visit our website at www.bhca.org.

